

Opening Your Heart

CALENDAR SYLLABUS FOR YOUR
WALKING WITH PURPOSE PROGRAM

LOCATION: St. Andrew/Upper floor Care Center

TIME: Mondays 10:00–11:30 AM

Materials: Bring your study guide and bible each week

SESSION	DATE	LESSON DETAILS
Session One	9/8/2025	Lesson 1: Connect Coffee Talk 1 Four Steps to Walking with Purpose
Session Two	9/15	Lesson 2: Who Is Jesus Christ?
Session Three	9/22	Lesson 3: Why Is Jesus Christ Interested in My Friendship?
Session Four	9/29	Lesson 4: Why and How Should I Pray?
Session Five	10/6	Lesson 5: Connect Coffee Talk 2 God—First Place in All Things
Session Six	10/20	Lesson 6: Who Is the Holy Spirit?
Session Seven	10/27	Lesson 7: Why Should I Read the Bible?
Session Eight	11/3	Lesson 8: What Is Grace and What Difference Does It Make?
Session Nine	11/10	Lesson 9: What Are the Limits of Christ's Forgiveness?

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Session Ten	11/17	Lesson 10: Connect Coffee Talk 3 Your Heart—You Are Captivating
Session Eleven	12/1	Lesson 11: What Does the Sacrament of Penance Have to Do with My Friendship with Christ?
Session Twelve	12/8	Lesson 12: What Does the Eucharist Have to Do with My Friendship with Christ?
Session Thirteen	1/5/2026	Lesson 13: How Do I Conquer My Fears?
Session Fourteen	1/12	Lesson 14: Connect Coffee Talk 4 Marriage—Transformed by Grace
Session Fifteen	1/26	Lesson 15: What Is the Role of Suffering in My Life?
Session Sixteen	2/2	Lesson 16: What Does Mary Have to Do with My Relationship with Christ?
Session Seventeen	2/9	Lesson 17: Can God Really Change Me or Is That Just Wishful Thinking?
Session Eighteen	2/23	Lesson 18: Connect Coffee Talk 5 Children—Reaching Your Child's Heart
Session Nineteen	3/2	Lesson 19: What Challenges Will I Face in My Efforts to Follow Jesus More Closely?

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Session Twenty	3/9	Lesson 20: What Is the Relevance of the Church in My Life?
Session Twenty-one	3/16	Lesson 21: How Do I Read the Bible in a Meaningful Way?
Session Twenty-two	3/23	Lesson 22: Connect Coffee Talk 6 Outside Activities—Set the World on Fire