

# Opening Your Heart

CALENDAR SYLLABUS FOR YOUR  
WALKING WITH PURPOSE PROGRAM

**LOCATION:** St. Andrew/Upper floor Care Center

**TIME:** Wednesdays 6:30–8:00 PM

**Materials:** Bring your study guide and bible each week

SESSION	DATE	LESSON DETAILS
Session One	9/10/2025	<b>Lesson 1: Connect Coffee Talk 1</b> Four Steps to Walking with Purpose
Session Two	9/17	Lesson 2: Who Is Jesus Christ?
Session Three	9/24	Lesson 3: Why Is Jesus Christ Interested in My Friendship?
Session Four	10/1	Lesson 4: Why and How Should I Pray?
Session Five	10/8	<b>Lesson 5: Connect Coffee Talk 2</b> God—First Place in All Things
Session Six	10/22	Lesson 6: Who Is the Holy Spirit?
Session Seven	10/29	Lesson 7: Why Should I Read the Bible?
Session Eight	11/5	Lesson 8: What Is Grace and What Difference Does It Make?
Session Nine	11/12	Lesson 9: What Are the Limits of Christ's



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		Forgiveness?
<b>Session Ten</b>	11/19	<b>Lesson 10: Connect Coffee Talk 3</b> Your Heart—You Are Captivating
<b>Session Eleven</b>	12/3	Lesson 11: What Does the Sacrament of Penance Have to Do with My Friendship with Christ?
<b>Session Twelve</b>	12/10	Lesson 12: What Does the Eucharist Have to Do with My Friendship with Christ?
<b>Session Thirteen</b>	1/7/2026	Lesson 13: How Do I Conquer My Fears?
<b>Session Fourteen</b>	1/14	<b>Lesson 14: Connect Coffee Talk 4</b> Marriage—Transformed by Grace
<b>Session Fifteen</b>	1/28	Lesson 15: What Is the Role of Suffering in My Life?
<b>Session Sixteen</b>	2/4	Lesson 16: What Does Mary Have to Do with My Relationship with Christ?
<b>Session Seventeen</b>	2/11	Lesson 17: Can God Really Change Me or Is That Just Wishful Thinking?
<b>Session Eighteen</b>	2/25	<b>Lesson 18: Connect Coffee Talk 5</b> Children—Reaching Your Child's Heart



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<b>Session Nineteen</b>	3/4	Lesson 19: What Challenges Will I Face in My Efforts to Follow Jesus More Closely?
<b>Session Twenty</b>	3/11	Lesson 20: What Is the Relevance of the Church in My Life?
<b>Session Twenty-one</b>	3/18	Lesson 21: How Do I Read the Bible in a Meaningful Way?
<b>Session Twenty-two</b>	3/25	<b>Lesson 22: Connect Coffee Talk 6</b> Outside Activities—Set the World on Fire

